

## APOTHECARY CACAO

- Organic
  - low GI
- refined sugar free
  - Raw
  - Vegan
- Kosher Certified
  - Halal
- GMO free



Our Cacao products are sourced both from Peru and Ecuador through Maratai Organics. Several groups of organic farmers forming a cooperative cultivate the premium Theobroma Cacao in its native environment. These farmers have received training on how to cultivate the Cacao using only organic farming techniques without the use of pesticides or chemical fertilizers.

The beans are extracted from the inside of the cacao fruit which contains both the beans (seeds) and a white pulp. The beans are separated from the pulp and left to ferment for 6-7 days. After fermentation, the beans are sund-dried for 3-4 days and then go through a cleansing process.

Once, dried, the beans are pitted to obtain the Cacao Nibs, the Nibs are gourn to obtain Cacao Paste (Cacao Liquor), and then pressed to separate the Cacao Butter from what is now called the Cacao Cake. The Cake is then pulverized to become Cacao Powder, or pure Raw Cocoa, rich in all the nutrients and aroma of the Therobroma Cacao – Food of the Gods

### THE MAGIC OF CACAO

Cacao packs in more calcium than cow's milk, and is full of flavonoids, iron, magnesium and natural antioxidants.

Raw, powdered cacao is full of flavonoids, which act as natural antioxidants.

Antioxidants protect the body from ageing and disease caused by free radicals. Raw cacao contains up to four times the antioxidants of traditional cacao powder, and has the highest antioxidant value of all the natural foods in the world.

Scientists from Cornell University in the US recently discovered that raw cacao contains nearly twice the antioxidant content of red wine, and up to three times the antioxidant content of green tea.

The flavonoids in cacao can prevent fat-like substances in the bloodstream from oxidising and clogging the arteries, and cacao has also been found to help regulate blood pressure and reduce cholesterol while building the immune system.

The cacao bean is also rich in magnesium, an energy mineral and vital electrolyte, which is associated with calming the body's nervous system.

The super-food is also a great source of sulfur which is associated with strong nails, shiny hair and a healthy liver and pancreas, consuming cacao can also help with issues such as depression, stress, blood pressure and heart health.

Recommended no more than 40grams a day.

### BEE POLLEN

What are the benefits of bee pollen?

relieve inflammation.

work as an antioxidant.

boost liver health.

strengthen the immune system.

work as a dietary supplement.

ease symptoms of menopause.

reduce stress.

speed up healing.

It contains over 250 biologically active substances, including proteins, carbs, lipids, fatty acids, vitamins, minerals, enzymes and antioxidants

### MACA

The Maca root powder has many benefits including:

Increasing libido and fertility, mood enhancing, energy and endurance.

Known to assist in reducing blood pressure and sun damage and fights the good fight against free radicals.

Adds a deep malty caramel flavour

### MACUNA

This adaptagen powder increases dopamine production, is known to lower stress, reduce anxiety, improving focus libido and mood.

### IMMUNE DEFENCE BLEND

<https://teelixir.com/products/immune-defence-mushrooms?variant=25315055816>

Ultimate Immune Balancing & Gut Health Support, Immune Defence is a uniquely balanced blend of eight certified organic mushroom extracts that work to build and fortify the strength of the body's defence shields

This potent adaptogenic blend boosts immunity, increases energy, improves the gut, strengthens the mind, helps maintain peak performance, and promotes a healthy response to physical, mental, and environmental stress factors

Agaricus blazei<sup>°</sup>, Chaga sclerotia<sup>\*^°</sup>, Cordyceps militaris<sup>\*°</sup>, Lion's Mane<sup>\*°</sup>, Maitake<sup>\*°</sup>, Red Reishi<sup>\*°</sup>, Shiitake<sup>\*°</sup>, Turkey Tail<sup>\*^°</sup>

\* ACO Certified Organic

^ Wildcrafted

° Wild-cultivated fruiting body

### AMBROSIA

<https://teelixir.com/collections/all/products/ambrosia-beauty-tonic?variant=4188795961372>

This complex beauty blend provides the inner nourishment your body needs to maintain healthy radiant skin, hair, and nails. Ambrosia nourishes inner beauty by balancing hormones, boosting antioxidants, supporting blood, reducing stress, and increasing energy. This all-natural rejuvenating herbal blend is the perfect addition to your daily beauty routine to enrich skin and enhance beauty from within.

You've found your secret weapon of rejuvenation and everlasting beauty. Ambrosia is the perfect beauty formula, suitable for everyone of all ages who wish to remain young, attractive, and preserve their youthful appearance, vitality, and spirit.

Ingredients: Goji berry\*, Tremella Mushroom+, Dang Gui\*, Longan berry\*, Dendrobium\*, Reishi Mushroom\*+, Asparagus root\*, Hydrolyzed Pearl\*, Schizandra berry^, Rose powder\*.  
^Wildcrafted \*Organically Cultivated (Non-GMO) +Wild-cultivated and log-grown fruiting body.

No added grains, fillers, preservatives, salt, sugar, mycelium or starch.

#### **SWEET ORANGE OIL:**

(*Citrus sinensis*).

Improves mood, alleviates anxiety, aids digestion, with a fresh uplifting sweet citrus taste

#### **ROSE ABSOLUTE**

A rich, exotic floral invokes a sense of romance and mystery, the aroma calms and restores a deep sense of wellbeing to the body mind and spirit.